

Poverty is bad for your health !

Government income security programs (OW & ODSP) fail to ensure that everyone in our community can afford healthy food.



We can change that !

RALPH THORNTON CENTRE
presents the



Health Strength Action Group

Join us here for an hour on:

Friday August 26, 2011

at 11:00 a.m.

765 Queen street east, 2nd Floor

For information on :

- ★ **What is the Health Strength Action Group?**
- ★ **Why join this group and what are the benefits to you.**
- ★ **How you can get involved and make a difference in your community and in your life.**

Health Strength Action Group is a group of local community members working with South Riverdale Community Health Centre and the Ralph Thornton Centre on issues of poverty and health. We are part of a growing number of people across Ontario who are organizing in their local communities to push for change.